

# Lighten Up! ~ An Ascension E-zine



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## **Karmic Dust Bunnies: A New Look at Stumbling Blocks**

When considering reincarnation and the possibility of visiting other lifetimes as a form of improving, or avoiding, this particular life, many ideas come up for consideration. The only power as a creator is in the NOW... the moment you are in. You can use that moment any way you like, which is the beauty of free will. Everything you do with your present moment affects all of your lifetimes. Every choice counts, and we are here to learn the meaning and effect of choice.

Many people currently in the Earth realms have spent numerous lifetimes choosing to experience duality and limitation. Karma was the governing rule which kept that game in balance. Many of us came in this time with a desire to “wake up” and re-member our Essence. The energy currently encompassing the Earth and affecting all our lives makes the journey within, to Truth, much easier than it was in past.

In this channel we get to hear about some new perspectives.

[Excerpt from channel Carla Anderson/I AM]

**“C: It can be extremely effective for a person who has... again we are going to use your words because we don’t see it this way...you would call it a blockage - like Carla had with her claustrophobia. She just wanted to know what that twinge was about. If you have someone who has a blockage, or a twinge, going into the timeline and witnessing where the energy stamp came from, outside of this life, is very effective. Let us explain...**

Lighten Up! ~ Ascension Newsletter for Old Souls

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**“Until now a lot of people have incarnated with one particular [karmic] chore, or task. You are [currently] at a time period where this 13,000 year cycle is coming to a close. Millions of souls raced to get here and said, “We will clean up whatever little [karmic] dust bunnies we have in our corners.” So, there are a lot of people on Earth right now who have what you might call an issue, or issues. Those issues are not from this lifetime, not from this childhood, not from this set of parents. They are the dust bunnies of 150 other lifetimes.**

**“Very often the only way to get into those corners is to visit the timeline. That is why it is so effective right now. Because there are so many people who came in relatively clear and with a few dust bunnies.**

**“It is important for the majority of spiritual seekers to understand they did not walk into this life wearing a [karmic] suit of armor. Most of the people who are on the planet at this time, who would be seeking these teachings, came in pretty clear – karmically speaking. They have only dust bunnies, not big heavy cages. Remind them of that. Sometimes those dust bunnies can feel really heavy, because you have carried them through so much [of what you call] time. They begin to feel heavy to the human facet of the soul. Remind others they would not be at this choice in their life if they were in a cage with their karma. Their karma has not caged them. They are just cleaning up dust bunnies.**

**“There was a period of time you called the Harmonic Convergence. In that time period the number of souls who chose to glow, to show up for that moment and align themselves with that moment was one of the catalysts which moved everything further along the ascension process. Even then, and that was 20 years ago or more, it was not certain that you would, in fact, make the transition – to Stardom. However, the way the people showed up for that did put a little seatbelt behind you so you could not slide back, regardless of what other experiment and what other system you chose.**

**“Our response to that was to shower Grace - as much as we could, as much as we can! A stream of what you know as the violet flame with the silvery core. What this has done is to help assimilate a lot of dust bunnies. Those little bitty fragments of karma were so minute that we are able to absorb them and send that energy into other ways. So, many, many souls on the planet right now don't have nearly as much karma to work through as they might imagine, because they did not come in with that much. They came in with little pieces from lots of lives, instead of a big chunk. And, you as a mass Consciousness invoked Grace.**

**“Let us put it to you this way. You have a saying there on Earth, “As above, so below.” What we will say to you – which is very, very important in this time of ascension – “As**

**below, so above.” When you consciously bring your self, as an individual, or as a whole, to a particular precipice we meet you there and take up all the slack. We give you this information today to share with others in the future. Remind them, they don’t have that much karma to work out. It has already been worked out - both on Earth and in Heaven.**

**“The biggest stumbling block that we can see from here, with most of the people who will ask for the information you have, is to believe that they deserve what they feel when they feel us. Help them know that they deserve it. That it is of them. That it is for them. That it is incessant. There is no where in creation this feeling does not exist. It is theirs. They are the heirs to Unconditional Love. Help them know that. As they are able to embrace their own beauty the dust bunnies will blow out the door on their own.**

**“We hope to see fewer and fewer humans stubbing their toe on the stumbling block of worthiness. It is a matter of writing a new bible. Unfortunately, the words of the Beautiful One were very twisted. Even that served its purpose, so it is only unfortunate in the sense that it is quite engrained, in so many souls for so many lifetimes, that they are not god and they do not deserve to feel the love of god.**

**“At this time, more so than who was your mother, and who did you kill and who did you give birth to and what country did you overthrow, and all of those karmic imprints of the old eons... You are in a new time now. In this new time, the stumbling block is deservedness. For those of you who have been able to see who you really are, and feel what you are really made of, it is your choice and your mission to help the others know they too are the same, in that respect. We are all Love – Unconditional Love.**

**“Carla has a saying for it. ‘The sun does not judge the surface of the sea before deciding to shine upon it.’ It is that simple. You are the surface of the sea, the sun is shining, and there is no judgment.”**

The potency of the information in this segment is clear. We, as facets in the world of forgetting who we Truly are, can walk the path backward, do the work, clear the energy imprints from eons of “perceived wrong doing, and the weight of it on our souls”, or we can embrace the magnitude of our Truth, easily forgiving all the misperceptions acted out in the state of forgetfulness. We can simply choose to live from the heart in an ever expanding way.

The former has been the way to move the energy of the former wavelength...until most recently. Now, because of the stream of Grace, and our own conscious thoughts and choices which invoked it, we can “see and feel” our own beauty immediately. The processing really isn’t required to the same degree. The difficult portion is our

willingness to accept and allow the Grace-filled Gratitude which is in continuous flow through all of creation. This is why you will hear the word “open” so often on the journey within. It is a matter of opening oneself to that which IS.

Once you allow the resonance to wash through you, and accept the loveliness of your own being as a creator of All That Is, you can never again forget the Truth. Your primary motivation becomes sharing it. Any notion of sin fades from perception. The world is forgiven as you see there was never anything wrong. It has all been for the benefit of Source energy and we, the Angels of Earth, have embellished Unconditional Love in new and exciting ways.

Open up and say, “Ahhhhhhhhhh~ ~ ~”

\*\*\*\*\* This information is made available by Carla Anderson / [www.ascensionforall.com](http://www.ascensionforall.com) / [iam@ascensionforall.com](mailto:iam@ascensionforall.com). This information may be freely distributed, after contacting the author, when it is published in its entirety, without editing, and full credit is given to the Source and the Channel by including these closing lines of text. I AM>Carla, Copyright protected 2010. \*\*\*\*\*