

Lighten Up! ~ An Ascension E-zine



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Pass Out Four Leaf Clovers, Hope is in the air!

There are many tools available to us as we work to see ourselves, and our experiences on Earth, from different perspectives. Each person chooses the tools that are most useful to him or her. For me, anything that allows a greater personal connection to the web of life is most reliable. While it can be both useful and enjoyable to work with a psychic or medium who helps you access information, ultimately you come to know that you have access to the same information. Ultimately, it is you, who will use the information to change your life.

One of the tools I have used is hypnosis. I have found this a very effective in my inner work, as it allows me to transcend the boundaries of duality. In an altered state of consciousness, I am able to visit other incarnations, other dimensions and work directly with energy guides who wish to be of service. It was during a series of hypnosis sessions where I realized that my planetary mission is to “fuel hope”.

At that point in this life I had pretty much concluded, once again, that the people of Earth were not about to wake up and smell the roses in the garden. I was cynical about Human Nature. It seemed to me that most people simply were not interested in seeking the deeper meaning of life, the responsibility we hold as keepers of the Earth, or the lofty possibilities that lie just beyond our comprehension. My own hope for the planet was waning.

One of the sessions took me to a lifetime where I was a peasant gathering flowers and leaves from a meadow. I realized that the person in that incarnation, that body/heart

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had no sense of hope. They felt only the drudgery of the work they were doing and the ordinariness of their life.

In an effort to help change the sense of hopelessness in that lifetime and, as a result, help change this life, I decided to give myself a four-leaf clover. I did so by psychically placing a four-leaf clover into the field directly in the path of my other self. Sure enough, the other me reached down picked it up and saw it was a four-leaf clover. She paused, and smiled and “lightened”. It was quite astounding to watch from an etheric level as the energy around this entity literally lightened up when she found a four-leaf clover. There was hope in the air.

Four-leaf clovers do something special for us as humans. They encourage us to make a wish. What is a wish except a hope? An intention cast into the web of the universe. I am talking about a moment when you truly do make a wish for a feeling in your life, or the life of another.

It stirs hope in the hearts of people to receive a gift that makes them wish - whether it is blowing out a birthday candle, or tossing a coin into a well or fountain, or finding a four-leaf clover. There is a sense of good fortune. Your hope is lifted. You take a moment to believe in infinite possibility.

What could be more powerful than making a wish when you find a clover?

Passing the clover along to lift the spirits of others. With a little practice you will begin to see how quickly these good vibrations ripple beyond time and space...waking up the world with a sense of hope.

Be the pebble ~

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