

Lighten Up! ~ An Ascension E-zine



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Judgment & Beauty: The Catch 22

Are you feeling disconnected from other people in your life who simply don't understand your spiritual choices or opinions? Do you wonder why the pursuit of Oneness comes with a sense of alienation at times?

In this channel, a little advice is offered to those on a spiritual path. Those who are wishing to create heaven on Earth and are challenged by the events, circumstances, and people around them.

[Excerpt of Channel from I AM / through Carla Anderson]

“There is a key piece of information we would like to give for the benefit of anyone else who might be interested. For anyone else who is in the role of teacher, angel on Earth. With this new reality you have created, where those of you who have expanded your hearts have the luxury of being in the love of heaven while munching on your chocolate, we need to remind you there are entities on Earth who are there for the limiting experience. That is what their facet [of their soul] chose this time around. So, the notion everyone on the planet needs to “lighten up” is not entirely true.

“There will be those of you who experience ascension. There will be those of you who make the conscious choice to adjust your resonance, to adjust your behaviors, to adjust your thinking to reflect the angels that you are. There will be others who do not make that adjustment. They don't want to. On a soul level they are there to experience the limitation.

“Ordinarily these two things would not be happening in the same space, but you conjured up new realities. So let us remind you that not everyone needs to be saved. Not everyone wants to be saved.

“It was easier for us because we were on this side of the veil while you were on that side of the veil. So, we can stand here [knowing what we know] and hold the vibration that allows you to get lost, and then find your way. You are doing the same thing, but you are still on that side of the veil so it is a little more difficult for you. It will ease with time. As each individual who chooses to be an angel of earth reaches a certain point in their own ascension, the veil thins more and more, so it becomes a little easier to see [the broader picture].

“In the earlier stages of walking through it you might have a tendency to look around at others and say, “Ooh, they are not even trying.” What we are saying to you is, maybe they did not choose to come to earth to ascend [at] this time. Maybe they chose to come to earth in order to experience the duality you have spent the last 200 lifetimes doing.

“This is a very, very key piece of information because you have two realms existing in a very tight space with each other. And you have one realm / one group learning how to do something brand new, without a lot of peripheral vision – quite yet.

“Keep in mind that you never know where someone else is, or wants to be, on their journey.

“This is why we impress upon all on Earth one of the first things you will re-connect with as you loose your sense of density is absence of judgment. That goes for your self as well as every one and every thing [circumstance/occurrence] else.

“It is what you call a Catch 22.

“The more you let go of judgment, the more you see your own beauty. The more you see your own beauty, the more you will let go of judgment.

“So, we offer the suggestion to practice one until the other becomes true.”

Enjoy your own journey ~!

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